

EANE

Safety Roundtable



Rick Caneschi
rcaneschi@EANE.org
877-662-6444 X3021



Dan Williams, CSP, CIT
dan@certifiedsafety.org
413-270-5876

OSHA 10-Hour Training FOR GENERAL INDUSTRY from Certified Safety, LLC

- Manufacturing
- Warehouse Staff
- Factory Workers
- Health Care Professionals

OSHA 10-hour training is appropriate for entry-level workers who do not have specific safety responsibilities in their job roles. The training is designed to provide workers with basic knowledge of workplace safety and health hazards. Training emphasizes hazard identification, avoidance, control and prevention, not OSHA standards.

What Is OSHA 10 Training?

OSHA 10-hour training covers a wide range of occupational hazards, including risks related to walking and working surfaces, materials handling, bloodborne pathogens, fires, machinery and more.

Why It's Important:

- **In-depth Understanding of Safety Regulations:** The training helps reduce workplace injuries and illnesses by educating employees about safety standards.
- **Enhanced Safety Culture:** It enhances a company's safety culture and helps ensure compliance with OSHA regulations.
- **Increased Workplace Safety:** It prepares workers to respond to hazardous situations appropriately and to contribute to a safer work environment.

What Are the Benefits of an OSHA 10 Card?

Acquiring an OSHA 10 DOL card shows employers that you have completed 10 hours of OSHA-authorized training on critical workplace safety topics. Entry-level workers with this credential have industry-specific knowledge and skills that help prevent injuries and keep workplaces safe and productive.

How to Earn Your OSHA 10 DOL Card

When you successfully complete OSHA 10-hour training, you will receive an official OSHA 10 DOL card in general industry.

Do OSHA 10-Hour Cards Expire?

Your OSHA 10 card will never expire, but your employer may require you to retake the course every three to five years to refresh your knowledge and stay current with OSHA safety standards. If your OSHA card was issued more than five years ago, some employers may not accept it.

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